

Relationship and Marriage Health Check

with

The Barnabas Mission (TBM)



Have you ever thought of checking the health status of your courtship/marriage just as you would your body?

In order to be fit and healthy, we maintain regular care of our bodies and attend medical check-up; likewise, marriage relationships need ‘check-ups’ time and again to maintain a healthy home and by extension, a healthy society.

The Relationship Health Check

The Relationship Health Check is about a set of inventories designed to help assess your relationship. They include exercises to explore together how to develop stronger communication and problem solving skills.

*A modest fee covers the cost of materials.

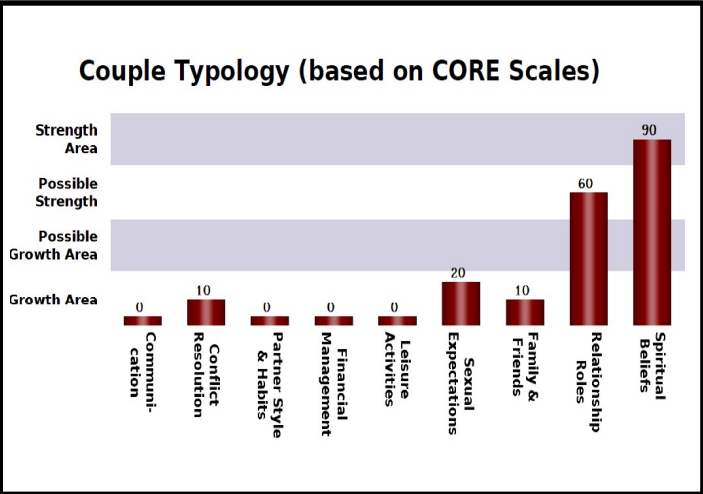
Who is it for?

- Intending couples who wish to start on a firm foundation.
- Married couples who wish to do a ‘preventive maintenance’ to ensure a blissful and loving relationship.

How Does it Work?

Your honest response to a questionnaire provides a very effective way of gathering highly relevant data about your unique relationship. The responses are confidential, and it’s your answers that form the basis of the process.

Highly trained relationship facilitators, counsellors and other relevant professionals will interpret and review the outcome with you. Below is a sample report:



TBM is a non-governmental organisation that is focused on family wellness, parenting, couple and family counselling. Our principles are based on the Word of God – the Bible.

Our Mission

To enable families enjoy a blissful life and function according to God's design.

For more information about TBM, or support through prayer, partnership or sponsorship, please contact:

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